

Long Eaton Judo Newsletter

Publisher: David Hawkins

Edition 2

Welcome..... to the Long Eaton Judo Club Newsletter 2nd edition and apologies for the delay.

I hope you find it informative and an enjoyable read.....

Ray Hawkins 1937 – 2018

It comes with great sadness to say Ray passed away peacefully at Landermeads Nursing Home following a battle with Dementia. For those who didn't know Ray he is the person who helped start the club back in 1961 and has been involved ever since. He was the main coach, organiser, Chairman and general back bone of the Club for many many years.

The coaches at the club that you see today were all students of Ray's and it is fair to say the club's moral and general ethos is that of what he set.

The legacy that he has left can only be described as truly tremendous and to that we are truly great full.

Rest in peace Ray, thank you for everything and for giving us an amazing place to train and learn judo.

Heart of England successes.....

Congratulations to all who competed in the Heart of England. This is a well-established

event attracting high quality judoka from all over the country. Results:

Jamie Spencer-Pickup - U/73kg. Competed in the junior and senior sections showing great skill and resilience gaining silver in each event.

Adam Watson U/90kg. Took a well-deserved silver medal showing some lovely throwing techniques.

Mollie Mellors took a gold in her weight category by default through lack of entries then fought in the weight above gaining a very well deserved bronze medal.

Conor Dack and **Niall Corrigan** both competed in the u/81Kg category giving an excellent account of themselves coming up against some very experienced Dan grade – black belts.

Club Art work.....

The founder of Modern Judo "Jigaro Kano" is now very prominently looking over our tatami (mat area) thanks to Zabou.

Zabou is an extremely talented street artist from London who arrived on the train with a small suit case full of rattle spray cans and in less than a day produced a truly amazing masterpiece. I'm sure you will all agree it's extremely striking and something we should all be very proud and respectful of.

It's traditional that dojo's have a picture of Jigaro Kano at the head but not something as spectacular as this, thank you Zabou.

New Club logo.....

Can we all say a very big thank you to Ian Dack (Conor's Dad) for designing our new club logo.



Hopefully you will all start to see it all over on t-shirts, badges and many other clothing garments.

Did you know....

An opponent or the person who is being thrown is called "uke".

The name of the person who is throwing you, or your opponent is called "tori"

The room where you train and learn judo is called a "dojo".

The mat that you train on is called a "tatami"

The suit that you wear when participating in judo is called a "judogi" or "gi" for short.

And finally Judo became an Olympic sport in 1964 but only for men, women only started participating in the Olympics in 1992.

Events.....

Long Eaton Club Championships: will be held at LEJC on Saturday 1st December 2018. This event is open to all members and will give them a real insight into competitive but fun Judo.

All competitors will be matched against others of similar weight, age and grade as best as possible and will all receive a medal.

The event will be followed by our annual Christmas party and medal presentation at the Zingari Club, College Street Long Eaton.

Please come along with friends and family for a fun filled evening.

Adults Christmas Party.....

Lock those kids away and plan for a night out on Friday 7th December at Bennett's Bar and Restaurant.

Further information is on our notice board if interested please inform the office ASAP

Christmas Closure.....

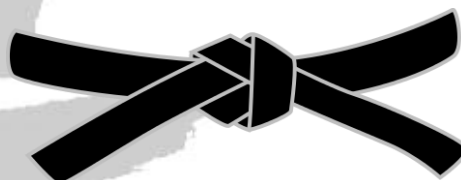
We will be closing as follows over the festive period:

Last session Thursday 20th December 2018

Starting back Tuesday 8th January 2019

Merry Christmas Everyone and Best Wishes for 2019

Once again thank you for taking the time to read this publication, any ideas, articles, suggestions or constructive feedback would be greatly appreciated.



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